



# Shore Radiation Oncology

RADIATION ONCOLOGY & CYBERKNIFE CENTER  
JANE BOOKER CANCER CENTER

## **CYBERKNIFE: PROSTATE BOWEL PREPERATION**

Due to the proximity of bowel and rectum to the prostate gland, it is very important to ensure that all gas and stool be expelled prior to your planning session. It is also important to void stool prior to daily treatments as well.

-We suggest using one of the following for this prep:

1. MIRALAX laxative powder  
DULCOLAX laxative tablets

-Also: 2. Fleet Enema

-These items may be purchased at any drugstore/pharmacy in your area.

- 1 Starting the night before, about 6PM, take laxative as directed on the box/bottle.
- 2 One hour before leaving the house use Fleet Enema.
- 3 Take 2 anti-gas tablets (Gas X, Simethicone tablets, etc.) before leaving for your appointment.
- 4 You may have a light breakfast in the morning, but do not eat anything that may give you gas. (See attached recommendations)
- 5 We recommend wearing sweatpants with no zippers or metal.

If you have any questions please contact us regarding this preparation in the Radiation Oncology Department at 732-530-2468.